

SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME

(Code SMJ 201809A)

Question 1. Patients with stress cardiomyopathy (SC) may present with:

- (a) Chest pain.
- (b) Palpitations.
- (c) Leg pain.
- (d) Diaphoresis.

True	False
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Question 2. Regarding SC:

- (a) It is characterised by transient myocardial dysfunction of the apical or mid-ventricular segments of the left ventricle.
- (b) The condition is usually self-limiting.
- (c) It can be diagnosed using the Mayo Clinic diagnostic criteria.
- (d) It may be differentiated from myocarditis and myocardial infarction via cardiac magnetic resonance imaging.

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Question 3. Electrocardiographic findings of patients with SC may include:

- (a) ST segment elevation.
- (b) Premature ventricular contractions.
- (c) T wave inversions.
- (d) Increase in the voltages of QRS complexes.

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Question 4. Investigative findings of patients with SC may include:

- (a) A normal coronary angiogram.
- (b) Reduced ejection fraction on echocardiography.
- (c) Raised troponin level.
- (d) Heart failure findings on chest radiography.

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Question 5. Known factors that may affect interpretation of electrocardiographic changes in SC include:

- (a) Type of SC.
- (b) Concomitant cardiac pathologies.
- (c) Ethnicity.
- (d) Gender.

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Doctor's particulars:

Name in full: _____ MCR no.: _____
 Specialty: _____ Email: _____

SUBMISSION INSTRUCTIONS:

Visit the SMJ website: <http://www.smj.org.sg/current-issue> and select the appropriate quiz. You will be redirected to the SMA login page.

For SMA member: (1) Log in with your username and password (if you do not know your password, please click on 'Forgot your password?'). (2) Select your answers for each quiz and click 'Submit'.

For non-SMA member: (1) Create an SMJ CME account, or log in with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month's quizzes. (3) Select your answers for each quiz and click 'Submit'.

RESULTS:

(1) Answers will be published online in the SMJ November 2018 issue. (2) The MCR numbers of successful candidates will be posted online at the SMJ website by 7 November 2018. (3) Passing mark is 60%. No mark will be deducted for incorrect answers. (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council. (5) One CME point is awarded for successful candidates. (6) SMC credits CME points according to the month of publication of the CME article (i.e. points awarded for a quiz published in the December 2017 issue will be credited for the month of December 2017, even if the deadline is in January 2018).

Deadline for submission (September 2018 SMJ 3B CME programme): 12 noon, 31 October 2018.