

## APPENDIX

**Empathy Profiling of SingHealth Residents**

This information is strictly confidential and will be de-identified and aggregated for research purposes.

Name: \_\_\_\_\_ MCR no.: \_\_\_\_\_  
 Date: \_\_\_\_\_ Age: \_\_\_\_\_  
 Nationality: \_\_\_\_\_ Gender: \_\_\_\_\_  
 Marital status: \_\_\_\_\_ No. of people in your household: \_\_\_\_\_  
 No. of children: \_\_\_\_\_ No. of children aged < 5 years: \_\_\_\_\_  
 Religion: \_\_\_\_\_ Do you employ domestic help? \_\_\_\_\_  
 Residency programme: \_\_\_\_\_ Year of residency: \_\_\_\_\_  
 No. of post-graduate years: \_\_\_\_\_ Medical school: \_\_\_\_\_  
 Average alcohol units/week: \_\_\_\_\_ Smoking (cigarette/day): \_\_\_\_\_  
 No. of years in Singapore: \_\_\_\_\_

On a scale of 1–5, how much do you agree that these issues have affected your residency training over the past six weeks?

Issue	Strongly disagree				Strongly agree
	1	2	3	4	5
<b>Structural/curricular factors</b>					
1. Unstructured learning environments and training programmes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Inappropriate role models	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Insufficient role models	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Mistreatment by colleague	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Vulnerability to patients' experiences (over-identification with patients, distress at patients' outcomes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Inadequate peer support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. High workload	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Short patient hospital stay: difficult to empathise ('revolving door')	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Personal factors</b>					
1. Burnout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Lower quality of life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Inadequate social support (family, friends)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Relationship issues (family, partner)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Financial pressures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Changing career goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Changing training interests	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Family planning (having children)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Victim of crime	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Specifics</b>					
1. Your empathy levels declined over the past six months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Empathy levels among clinicians are lower than you expect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Thoughts or plans to move to private sector in the future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Further comments (optional):

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