

## AUTHOR'S REPLY

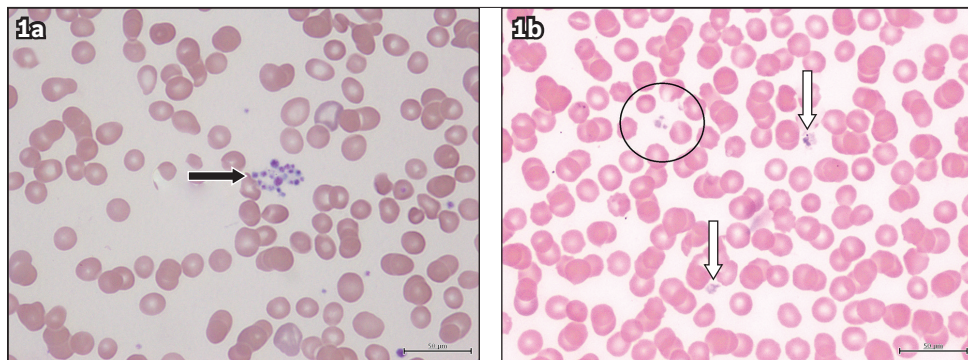
Singapore Med J 2018; 59(9): 509 <https://doi.org/10.11622/smedj.2018114>

Dear Sir,

In the original study on isolated thrombocytopenia in childhood,<sup>(1)</sup> pseudothrombocytopenia was not included. Two cases of pseudothrombocytopenia were detailed in a prior publication.<sup>(2)</sup> That said, Sriwijitalai and Wiwanitkit's comments<sup>(3)</sup> are important, as they are about pre-analytical, technical issues rather than genuine pathology. Although the mechanism is not fully understood, the occurrence of pseudothrombocytopenia is most likely a multifactorial phenomenon in which pre-existing autoantibodies are allowed to agglutinate platelets *in vitro* during sample storage, in a time-, temperature-, anticoagulant- and disease-dependent process.<sup>(4)</sup> However, the condition can be readily identified by examination of the blood film (Fig. 1a). Switching to an alternative anticoagulant for sample collection, as suggested by Sriwijitalai and Wiwanitkit,<sup>(3)</sup> is one way of resolving the spurious results. However, in our experience, beating the time factor with a new sample and running the test immediately is equally efficacious. This simple method has recently been proposed as the first manoeuvre when dealing with pseudothrombocytopenia.<sup>(4)</sup>

We recently encountered a four-month-old boy whose automated full blood count showed isolated thrombocytopenia of  $17 \times 10^9/L$  with no clinical signs of bleeding. Examination of the blood film revealed a striking absence of normal platelets on the whole film, while the remaining platelets appeared degranulated and scattered in small clumps (Fig. 1b). A suspicion was raised that the blood sample had been manipulated. The phlebotomist later admitted that a blood clot had been manually removed from the ethylenediaminetetraacetic acid container before the sample was dispatched to the laboratory.

Keeping up laboratory quality can be challenging, but the importance of a carefully examined peripheral blood film cannot be overemphasised, whether the thrombocytopenia is spurious or genuine.



**Fig. 1** Photomicrographs of peripheral blood films show (a) typical platelet clumping (black arrow) in a case of pseudothrombocytopenia, probably due to exposure to ethylenediaminetetraacetic acid anticoagulant during storage; and (b) degranulated platelets (white arrows) with some appearing as small clumps (circled) in a four-month-old child (Wright's,  $\times 100$ ).

Yours sincerely,

Anselm Chi-wai Lee<sup>1</sup>

<sup>1</sup>Children's Haematology and Cancer Centre, Mount Elizabeth Hospital, Singapore. [anselm.cw.lee@gmail.com](mailto:anselm.cw.lee@gmail.com)

## REFERENCES

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4. Zhang L, Xu J, Gao L, Pan S. Spurious thrombocytopenia in automated platelet count. Lab Med 2018; 49:130-3.