SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME  
(Code SMJ 201905A)

1. Oral disease is prevalent and can affect up to 35% of the population.  
2. Toothache is a common presentation in primary care.  
3. Patients with poorly controlled diabetes mellitus are more likely to develop periodontal disease.  
4. Oral diseases are only caused by poor oral hygiene.  
5. Patients with poor oral hygiene have ten times more risk of bacteraemia from endocarditis.  
6. A good pain history is fundamental in delineating causes of tooth pain.  
7. All cases of tooth pain must be promptly referred and seen by a dentist.  
8. Severe dental caries, if left untreated, will lead to endodontic disease.  
9. A diagnosis of pericoronitis should be referred to the dentist for extraction.  
10. Severe endodontic disease can lead to Ludwig’s angina, necessitating admission for intravenous antibiotics.  
11. A case of suspected osteonecrosis of the jaw warrants a medication review.  
12. A diagnosis of temporal arteritis needs to be considered if a patient presents with visual deficits, jaw claudication, temporal headache and shoulder stiffness.  
13. Odontogenic tooth pain can manifest as non-odontogenic complaints such as headache.  
14. Temporomandibular joint dysfunction may be treated conservatively with dental splints.  
15. Differentials of trigeminal neuralgia include herpes zoster, multiple sclerosis and even brain tumours.  
16. Amitriptyline is the drug of choice for the treatment of trigeminal neuralgia.  
17. Ibuprofen is a good choice of analgesia for management of tooth pain.  
18. Antibiotics are indicated in the event of systemic or local spread of tooth infection.  
19. Antibiotics have been shown to prevent subsequent dental infections.  
20. In cases of tooth pain, antibiotics have been shown to reduce the need for analgesia.

Doctor’s particulars:  
Name in full: ________________________________  
MCR no.: ________________________________  
Specialty: ________________________________  
Email: ________________________________

SUBMISSION INSTRUCTIONS:  
Visit the SMJ website: http://www.smj.org.sg/current-issue and select the appropriate quiz. You will be redirected to the SMA login page.  
For SMA member: (1) Log in with your username and password (if you do not know your password, please click on ‘Forgot your password’). (2) Select your answers for each quiz and click ‘Submit’.  
For non-SMA member: (1) Create an SMJ CME account, or login with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month’s quizzes. (3) Select your answers for each quiz and click ‘Submit’.  

RESULTS:  
(1) Answers will be published online in the SMJ July 2019 issue. (2) The MCR numbers of successful candidates will be posted online at the SMA website by 10 July 2019. (3) Passing mark is 60%. No mark will be deducted for incorrect answers. (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council. (5) One CME point is awarded for successful candidates. (6) SMC credits CME points according to the month of publication of the CME article (i.e. points awarded for a quiz published in the December 2018 issue will be credited for the month of December 2018, even if the deadline is in January 2019).  