

Unprofessional behaviour of junior doctors: a retrospective analysis of outcomes by the Singapore Medical Council disciplinary tribunals

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INTRODUCTION This is a retrospective analysis of outcomes by Singapore Medical Council (SMC) disciplinary tribunals in cases involving junior doctors. We aimed to classify the types of unprofessional behaviour and consider appropriate measures for remediation and prevention.

METHODS SMC's annual reports from 1979 to 2017 and published grounds of decision from 2008 to 2017 were examined using two screening levels to identify cases involving junior doctors. Cases were sorted into five outcome categories: (a) professional misconduct; (b) fraud and dishonesty; (c) defect in character; (d) disrepute to the profession; and (e) acquitted.

RESULTS A total of 317 cases were identified, of which 13 (4.1%) involved junior doctors: 4 (30.8%) cases involved professional misconduct, 4 (30.8%) cases involved fraud and dishonesty, 3 (23.1%) cases saw an acquittal, and one case each involved defect in character and disrepute to the profession. The four cases of professional misconduct highlight the need to differentiate medical errors due to systems factors from those due to individual culpability, by applying analytical tools such as root cause analysis and Unsafe Act Algorithms. Disciplining the individual alone does not help prevent the recurrence of similar medical errors. We found that fraud and dishonesty was an important category of unprofessional behaviour among junior doctors.

CONCLUSION While the frequency of unprofessional behaviour among junior doctors, as determined by the SMC disciplinary tribunal, is low (4.1%), this study highlights that complaints against medical doctors often involve systems issues and individual factors. Unprofessional behaviours related to fraud and dishonesty need special attention in medical school.

Keywords: disciplinary, junior doctors, professionalism, unprofessional behaviour

INTRODUCTION

Unprofessional behaviour among medical doctors around the world is regulated by disciplinary tribunals (DTs) of medical licensing bodies of the respective country or state of practice. Licensing bodies are increasingly holding doctors to a higher level of professional accountability. The process and outcomes of these disciplinary inquiries have far-reaching impacts on a doctor's health, career and practice.⁽¹⁾ Professional accountability refers to being called to justify one's professional actions, behaviours and performance to the various stakeholders in healthcare.⁽²⁾ The main stakeholders are the patients and their families, through complaints to medical councils. However, due to the complexity of today's medical practice, doctors can be called to be accountable to hospitals, employers, regulators and even payors.⁽²⁾

Over the years, there have been studies on the trends and outcomes of DTs. Most of the literature discussed the risk factors for unprofessional behaviour, types of offences and outcomes of tribunals. There were attempts to categorise the types of unprofessional behaviours, although there is no universally accepted classification.⁽³⁻⁵⁾ A summary of papers from Canada, Australia, New Zealand and the United States (US) showed a higher incidence of disciplinary actions involving family

medicine,⁽⁶⁻⁹⁾ psychiatry,⁽⁶⁻⁹⁾ and obstetrics and gynaecology.⁽⁷⁻⁹⁾ Among internal medicine physicians, unprofessional conduct was the commonest offence,⁽¹⁰⁾ while among psychiatrists it was sexual misconduct^(11,12) and among anaesthesiologists, standard of care issues.⁽¹³⁾

Several papers in the literature discuss unprofessional behaviours among doctors in training. Resnick et al in 2006 studied US general surgery residents and found that professional misconduct occurs early in training, recurs often and can lead to departure from the training programme.⁽¹⁴⁾ In a literature review of unprofessional behaviour among US medical students and residents, the authors categorised unprofessional behaviour as follows: cheating, misrepresentation of publications, plagiarism, falsification of documents and other dishonest behaviours.⁽⁵⁾

Several papers have discussed the relationship between poor performance during medical school and future disciplinary action taken by medical boards,^(15,16) with one reporting that sanctioned doctors are two times more likely to have shown unprofessional conduct in medical school than control doctors.⁽¹⁶⁾ A similar trend was found in doctors who had been sanctioned by the United Kingdom's General Medical Council – that a history of poor performance in medical school was linked to less likelihood of achieving postgraduate consultant status.⁽¹⁷⁾ Internal medicine

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physicians in the US who had been sanctioned by state licensing boards were found to have had lower professionalism score ratings in their annual residency evaluation.⁽¹⁸⁾

The majority of the literature focused on doctors who held independent practice licences and were not under required supervision, such as consultants or doctors in private practice. On average, disciplinary cases involving Canadian doctors occurred around 30 or more years after graduation from medical school,^(10,11,19) while doctors from Australia and New Zealand had disciplinary cases an average of 21.4 years after graduation.⁽⁷⁾

We conducted a literature review using the following keywords: ('disciplined') and ('medical doctor' or 'physician' or 'surgeon' or 'resident' or 'house officer' or 'medical officer') in the PubMed® and Scopus® databases. The review showed that there is scant literature on the DT outcomes of junior doctors. Furthermore, there were no published papers on outcomes of DTs of doctors in Asia, to the best of our knowledge. To better understand the situation of junior doctors in Singapore, we conducted a study to find out the types of unprofessional behaviour among junior doctors, with the aim of considering appropriate measures for remediation and prevention.

METHODS

We searched the public records of annual reports (ARs) and published grounds of decision (GDs) by the Singapore Medical Council (SMC), the licensing body for medical practitioners in Singapore. Hard copies of the SMC ARs from 1979 to 1999 were retrieved from the National University of Singapore Central Library. Soft copy ARs from 2000 to 2017 and published GDs from 2008 to 2017 were retrieved online from the SMC website.^(20,21) Cases regarding health inquiries were excluded. ARs and GDs from the year 2018 were excluded, as they were incomplete at the time of analysis.

Case screening was conducted on two levels. The first was to screen for cases in the ARs and GDs that mentioned the following terms: 'house officer' (or 'houseman') and 'medical officer'. The second level of screening involved analysing case text to determine: (a) whether the case happened in a hospital or ambulatory setting (such as general practice), since house officers and medical officers in Singapore typically work in a hospital setting; and (b) if the nature of work reported in the text was descriptive of the work typically done by junior doctors. Cases classified as Level 1 or 2 were included in the study. The cases were then classified into five categories prior to analysis. The categories were adapted from Section 53 of the Medical Registration Act (MRA)⁽²²⁾ and consist of: (a) professional misconduct; (b) fraud and dishonesty; (c) defect in character; (d) disrepute to the profession; (e) acquitted.

RESULTS

A total of 317 cases were retrieved from the public records of SMC ARs and GDs from 1979 to 2017. Nine cases were identified from the first level of screening (Table I), and four cases were identified from the second level (Table II). Therefore, a total of 13 cases involving junior doctors were identified for analysis, which

represents 4.1% of the total number of cases. Table III shows the breakdown of the cases according to categories. Only three doctors were acquitted. Of those sanctioned, the majority of cases ($n = 4$) involved fraud and dishonesty, followed by professional misconduct ($n = 4$). One case was identified for each of the categories of defect in character and disrepute to profession.

DISCUSSION

Overall, DT cases involving junior doctors in Singapore make up a very small proportion (4.1%) of the total cases handled by the DT. This is similar to the low rates reported among Canadian medical doctors (seven out of 606 cases, 1%).⁽⁶⁾ Among the 13 cases in this study, two categories appeared to be salient, namely professional misconduct (30.8%, $n = 4$) and fraud and dishonesty (30.8%, $n = 4$). Two cases involved medical errors with similar contextual features but varying outcomes (Table I, Cases 1-3 & 1-9). These cases, recorded in 1998 and 2015, involved junior doctors who delivered drugs via the wrong route of administration. Case 1-3 occurred in 1998, when a house officer was accused of negligently administering vincristine intrathecally, causing the death of the patient. However, the DT found the doctor not guilty of gross negligence. The justifying points for the verdict were that the doctor was in a very early stage of his housemanship posting (fourth week) and lacked adequate supervision. The doctor was acquitted and the hospital was advised to have closer supervision of doctors in training.⁽²³⁾

In Case 1-9 in 2015, a medical officer was charged and pleaded guilty. The doctor was censured and fined by the DT for erroneously administering Velcade (bortezomib) intrathecally instead of intravenously to a patient with lymphoma, putting the patient at risk of severe neurological damage.^(24,25) The haematology consultant in charge of the patient had ordered chemotherapy, namely intravenous Velcade and intrathecal methotrexate, to be administered to the patient. The intrathecal chemotherapy medication, methotrexate, was to be administered to the patient via lumbar puncture under radiological guidance at the Interventional Radiology Department. When the medical officer arrived at the radiology department, there was only a single syringe containing Velcade. The nurses in the ward had made the mistake of sending down the Velcade injection for the procedure instead of the methotrexate injection.⁽²⁴⁾ This case clearly illustrates a systems failure medication error. There was a failure to perform 'jointly double-checking' (independent checking by two persons of each other) in the administration of 'high-alert medications' (drugs that cause significant harm when used in error) at two distinct points: firstly, when the nurse prepared and sent down the Velcade injection, and secondly, when the doctor was injecting the intrathecal drug. In 2015, jointly double-checking was well-known and widely recommended as an essential method to prevent medication errors in cancer chemotherapy.⁽²⁶⁾

To highlight the importance of considering systems errors in DTs, we herein discuss a similar case involving a cardiothoracic surgeon.⁽²⁷⁾ The surgeon was found guilty of professional misconduct by the SMC DT. On appeal, the High Court found

Table I. Cases involving junior doctors from the first level of screening.

Case	Yr	Outcome of DT	Case description*
1-1	1985	Professional misconduct ⁽³⁸⁾	A male army medical officer was charged by the SMC with failure to exercise due and proper care for his patient, as he had prescribed medications without physically examining the patient at an army camp in 1982. He was later found guilty.
1-2	1993	Acquitted ⁽³⁹⁾	A male resident medical officer was charged by the SMC for disregarding his professional responsibility and failure to provide sufficient and proper care for his paediatric patient. The inquiry later revealed that the paediatric wards were full and there was no temperature record of the patient due to computer failure. The council found that there was insufficient evidence to substantiate charges of professional misconduct, and the doctor was not called to make his defence and was therefore acquitted.
1-3	1998	Acquitted ⁽²³⁾	A male house officer was charged by the SMC for being negligent in the administration of vincristine intrathecally, causing death of a patient. The inquiry later concluded that this was a result of lack of supervision of the young doctor, who had not been properly guided on the administration of vincristine and methotrexate. The council found the house officer not guilty of gross negligence, and he was eventually acquitted.
1-4	2006	Fraud and dishonesty ⁽⁴⁰⁾	A male regular medical officer of Headquarters Medical Corps was convicted by the Singapore Armed Forces under the military law for falsifying an official document and later referred to the DTs. The council ordered his suspension for three months. He was censured and ordered to give a written undertaking to the SMC that he would not engage in the conduct that gave rise to the charge against him, and to pay the costs and expenses of the disciplinary proceedings.
1-5	2007	Defect in character ⁽⁴¹⁾	A male house officer was convicted at the District Courts for the unauthorised possession of controlled drugs with one charge under Section 8(a) of the Misuse of Drugs Act (Cap 185), and eventually sentenced under Section 33 of the Misuse of Drugs Act. He was charged by the SMC under the Medical Registration Act (Cap 174) for having been convicted of an offence implying defect in character. In mitigation, it was submitted that the doctor had committed the offence under extreme anxiety while awaiting the result of an examination he had to re-sit and financial consequences he had to bear should he fail his examination. The council also considered that he had been effectively suspended from medical practice for one year. He was censured and ordered to give a written undertaking to the SMC that he would not engage in the conduct that gave rise to the charge against him and to pay the costs and expenses of the disciplinary proceedings.
1-6	2011	Professional misconduct ^(42,43)	A male medical officer was charged by the SMC with 80 charges; three of the charges related to one patient and the remaining to another. The council found the doctor guilty of a breach in confidentiality – he knowingly and intentionally accessed confidential electronic medical records of patients not under his care and without their consent. He was fined SGD 10,000, censured, and ordered to give a written undertaking to the SMC and to pay the costs and expenses of the proceedings.
1-7	2011	Disrepute to the profession ^(42,44)	A male house officer was charged by the SMC with engaging in an improper act or conduct that brought disrepute to the medical profession, arising from claims made for monetary compensation on the grounds of having completed night call duties despite not having actually performed such duties. The disciplinary committee was of the view that the respondent's conduct was improper and had brought disrepute to the medical profession, and the respondent was convicted for both charges accordingly. The council ordered that he be censured, give a written undertaking to the SMC, and pay the costs and expenses of the proceedings.
1-8	2011	Fraud and dishonesty ^(42,45)	A male house officer was convicted at the Subordinate Courts under Section 379 of the Penal Code for theft. He was ordered to pay a fine of SGD 3,000 in default of three weeks' imprisonment. He was then referred to the DT by the SMC. It was noted that the offence had been committed at a time when the respondent was experiencing stress. Although this was not considered a valid excuse for the respondent's actions, it was accepted as mitigating circumstances. Several other factors were taken into consideration, such as the cancellation of the doctor's provisional licence to practise following his failure in the examinations. The council decided not to impose fines. A suspension or removal from the medical register was also invalid since the house officer was no longer registered. He was censured and ordered to give a written undertaking to the SMC that he would not engage in the conduct that gave rise to the charge against him and to pay the costs and expenses of the proceedings.
1-9	2015	Professional misconduct ^(24,25)	A female medical officer was convicted by the SMC for erroneously administering Velcade (a chemotherapy medication) intrathecally, instead of intravenously, to the patient, without ensuring that the route of administration was correct, thereby putting the patient at risk of severe neurological damage. The medical officer pleaded guilty. The council concluded that she be fined and censured. She was ordered to give a written undertaking to the SMC that she would not engage in the conduct that gave rise to the charge against her and to pay the costs and expenses of the disciplinary proceedings.

*Summarised and paraphrased from annual reports. DT: disciplinary tribunal; SMC: Singapore Medical Council

Table II. Cases involving junior doctors from the second level of screening.

Case	Yr	Outcome of DT	Case description*
2-1	1999	Acquitted ⁽⁴⁶⁾	A male medical doctor was charged by the SMC with failure to refer his patient for specialist opinion and failure to reinsert a chest tube. In our opinion, the case evidence is suggestive that the medical doctor is a junior doctor due to the task he was undertaking, i.e., failure to reinsert a chest tube at all or deeper into the lungs of the patient. The council had considered the circumstances, and given the complexity of the case, it opined that the doctor had made an error of judgement. The doctor was acquitted of all charges.
2-2	2003	Fraud and dishonesty ⁽⁴⁷⁾	A male medical doctor was charged by the SMC for forging his colleague's signature on the prescription sheets to obtain sleeping tablets for his own consumption. He later pleaded guilty. The council suspended him for three months, and ordered that he be censured, write an undertaking that he would not engage in the conduct that gave rise to the charge against him and seek psychiatric treatment.
2-3	2006	Fraud and dishonesty ⁽⁴⁰⁾	A male medical doctor was convicted at the Subordinate Courts under Section 465 of the Penal Code, Chapter 224, for forging a payment voucher and appending a signature purported to be that of another doctor for reimbursement of loss of income from the Ministry of Defence during his reservist period. He was found guilty and sentenced to a fine of SGD 10,000 and, in default, two months' imprisonment. He was referred to the DT by the SMC. The council censured him and ordered a suspension of six months and a written undertaking to the SMC that he would not engage in the conduct that gave rise to the charge against him.
2-4	2008	Professional misconduct ^(48,49)	A female medical doctor was charged by the SMC under Section 45 (1)(d) of the Medical Registration Act for two charges of professional misconduct involving (a) inappropriate prescription of drugs, failure to review a patient, failure to ensure proper care for the patient and failure to ensure proper documentation; and (b) failure to review the patient's international normalised ratio. She pleaded guilty. Considering that the doctor was on temporary registration and no longer practising as a doctor, the council censured her and ordered a fine and a written undertaking that she would not engage in the conduct that gave rise to the charge against her.

*Summarised and paraphrased from annual reports. DT: disciplinary tribunal; SMC: Singapore Medical Council

Table III. Classification of the 13 cases involving junior doctors.

Category	No. (%)
Gender	
Female	2 (15.4)
Male	11 (84.6)
Findings by DT	
Fraud and dishonesty	4 (30.8)
Professional misconduct	4 (30.8)
Acquitted	3 (23.1)
Defect in character	1 (7.7)
Disrepute to the profession	1 (7.7)
No. of cases involving juniors compared to total in ARs	13/317 (4.1)

AR: annual report; DT: disciplinary tribunal; SMC: Singapore Medical Council

that a breakdown of communication and systems failure led to administration of the wrong form of drug, a 'neat' cardioplegia solution instead of the diluted form. The High Court overturned the surgeon's sentence upon appeal, in recognition of the multiple systems factors that contributed to the error and not only the surgeon's professional conduct and action. These three similar cases heard before the DTs seem to show the persistence of

systems error in the administration of high-alert drugs to patients. Addressing systems issues using the punitive approach alone does not resolve any systems issues, instead allowing any inherent weaknesses in the system to persist and the error to recur.⁽²⁸⁾

Medical errors are a result of a combination of active failures of the healthcare professional and latent conditions of the system.^(29,30) Active failures refer to human errors such as slips, lapses, fumbles and procedural violations committed by those in direct contact with the patient.⁽³¹⁾ Latent conditions refer to system design decisions made at different levels from builders to management, which create a high-risk environment for errors.⁽³¹⁾ Root cause analysis can be used to differentiate between active failures and latent conditions.

Healthcare professionals should be empowered to report errors in the system while also being accountable for their own actions. This is encapsulated in the concept of 'just culture', which advocates balancing the accountability of healthcare workers and improving innate systems errors as an approach to improving patient safety.⁽²⁸⁾ The main challenge in medical error analysis is differentiating between active failures and errors from latent conditions.⁽²⁸⁾ Active errors can then be subjected to the Unsafe Acts Algorithm, as proposed by Leonard and Frankel, to determine if the acts are intentional, reckless or malicious, as

opposed to unintentional.⁽³²⁾ Marx⁽³³⁾ recommends that intentional, reckless and malicious acts should be recognised and punished, whereas unintentional and systems error require coaching and remediation. The challenge lies in constructing instruments and regulations to objectively classify each case into these distinct categories.

Effective and just management of professional misconduct must not solely focus on punishing those who have made a mistake. Instead, we should work towards remediating the behaviour of those who have done wrong, such that these mistakes are not repeated. At the same time, system errors need to be recognised and corrected. Four cases in this study had the verdict of fraud and dishonesty. These involved falsifying official documents (including a prescription for sleeping pills) and theft. In a survey of graduating medical students, up to 24% (range 13%–24%) of students admitted to dishonest behaviours during clinical clerkships.⁽³⁴⁾ These included recording tasks that they did not actually perform in medical records or lying about ordering tests when they had not done so. The authors' explanation was that dishonest behaviours were culturally pervasive and acceptable because no one was directly harmed.⁽³⁴⁾ In a focus group study in South Korea, a strong workplace hierarchical culture was noted as a cause for resident misbehaviour and the propagation of dishonest practices.⁽³⁾ The reasons for such behaviour involved concerns about the adverse consequences of being truthful; in particular, fear of being blamed and shamed, and unreasonable response and demands by a senior colleague who might not understand the juniors' disposition. Professional burnout among medical students⁽³⁵⁾ and residents⁽⁵⁾ increases the risk of engaging in cheating and dishonest clinical behaviours.

It is interesting to note that in these cases of fraud and dishonesty, the incidents occurred outside the doctor-patient relationship. We believe that these dishonest actions can be attributed to the doctors' ignorance and failure to recognise that behaviours outside of professional work will impact their medical professional standing and career. Hence, it is vital that medical students are made to recognise from the beginning that a doctor's work requires the public's trust, and that they are held to higher ethical and legal standards compared to the rest of the population.⁽³⁶⁾ Dishonest behaviours and actions not only have serious ethical implications and attract disciplinary repercussions for the doctor, but most importantly, undermine the trust patients have in the medical profession.

We recommend using these cases we have highlighted from the SMC's ARs and GDs as case studies in medical schools. Medical students should be enculturated in the clinical environment to truly understand the importance of the integrity and honesty that are required of the medical profession. Other points worth highlighting from this study are regarding the health and wellness of medical students and junior doctors. Psychosocial difficulties such as psychiatric illness, substance abuse, and family and relationship issues are reported to be factors contributing to the offences (Table I, Cases 1-5 & 1-8). Hence, greater resources should be mobilised to promote student/resident wellness and health in the workplace.⁽³⁷⁾

In conclusion, the frequency of unprofessional behaviour that is referred to the DT and involves junior doctors in Singapore is considerably low at only 13 cases, making up approximately 4.1% of the DT proceedings. This study highlights that complaints against medical doctors often involve both human factors and deeper systems issues within the workplace environment. Instruments such as root cause analysis and the Unsafe Act Algorithm^(32,33) should be applied to differentiate between blameworthy actions and blameless acts resulting from systems issues. Malicious and reckless behaviour of individuals that is intentional and deliberate requires an appropriate disciplinary process. Taking appropriate measures to correct systems issues, instead of a merely punitive approach, helps to prevent medical errors. To address unprofessional behaviours among junior doctors, case studies should be used in formal education to increase awareness of such offences among medical students and trainees and to emphasise the high professional standard required of the medical profession. Better support networks for junior doctors should be implemented, making it a priority to address personal and mental health issues.

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