

APPENDIX

Supplementary Table I. Patients with clinical outcomes who were included in data analysis.

Indicator	No.				
	PHQ-9	BMI	BP	LDL-C	HbA1c*
Total	637	637	637	637	272
With baseline outcomes	609	556	617	537	241
With 18-mth outcomes	325	481	578	450	228
With baseline and 18-mth outcomes (%)	51%	76%	91%	71%	84%

*Only 272 patients had diabetes mellitus at baseline. BMI: body mass index; BP: blood pressure; HbA1c: glycated haemoglobin; LDL-C: low-density lipoprotein cholesterol; PHQ-9: Patient Health Questionnaire-9

Supplementary Table II. Body mass index outcomes of patients based on antidepressant treatment.

Outcome	Mean ± SD	Change	p-value
On antidepressant (n = 273)		0.2	
Baseline	25.9 ± 5.4		
18 mth	26.1 ± 5.6		0.09
Not on antidepressant (n = 208)		0.1	
Baseline	25.8 ± 5.3		
18 mth	25.9 ± 5.3		0.576

SD: standard deviation