SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME
(Code SMJ 202112A)

1. A common cause of acute diarrhoea in children is rotavirus.
2. Any persistent diarrhoea of more than one week’s duration is termed as chronic diarrhoea.
3. Antibiotics are routinely recommended for children with diarrhoea.
4. Toddler’s diarrhoea has a good prognosis.
5. Fever with bloody diarrhoea indicates a viral aetiology.
6. A detailed history and investigation are the key to diagnostic evaluation of diarrhoea.
7. In cow milk protein allergy, elimination of milk from the diet can be both diagnostic and therapeutic.
8. A child with coeliac disease usually presents with fever and explosive diarrhoea.
9. In post-enteritis syndrome, an elimination diet can be useful.
10. Surgical conditions such as appendicitis, intussusception and bowel obstruction may also present with diarrhoea.
11. Toddler’s diarrhoea is a diagnosis of exclusion.
12. Presentation with steatorrhoea, flatulence and growth retardation may indicate pancreatic insufficiency.
13. Irritable bowel syndrome is a diagnosis of exclusion.
14. Stool microscopy, culture and antigen-based tests are routinely recommended in diarrhoea.
15. Oral rehydration therapy is not recommended for breastfeeding infants.
16. Fluids with high sugar content such as carbonated beverages, sweetened tea and fruit juices are best avoided during a diarrhoeal episode.
17. Probiotics such as Lactobacillus GG, Saccharomyces boulardii and Lactobacillus reuteri SD2112 have been shown to reduce the duration of illness.
18. Loperamide can be safely given to children.
19. Rotavirus vaccination is effective in reducing the severity of diarrhoea and preventing hospitalisation.
20. During an acute diarrhoeal episode, special milk formulas are recommended.

True  False
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Doctor’s particulars:
Name in full: ____________________________  MCR no.: ________________________________
Specialty: ______________________________  Email: _________________________________

SUBMISSION INSTRUCTIONS:
Visit the SMJ website: http://www.smj.org.sg/current-issue and select the appropriate quiz. You will be redirected to the SMA login page.

For SMA member: (1) Log in with your username and password (if you do not know your password, please click on ‘Forgot your password?’). (2) Select your answers for each quiz and click ‘Submit’.

For non-SMA member: (1) Create an SMJ CME account or log in with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month’s quizzes. (3) Select your answers for each quiz and click ‘Submit’.

RESULTS:
(1) Answers will be published online in the SMJ February 2022 issue. (2) The MCR numbers of successful candidates will be posted online at the SMJ website by 24 February 2022. (3) Passing mark is 60%. No mark will be deducted for incorrect answers. (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council. (5) One CME point is awarded for successful candidates. (6) SMC credits CME points according to the month of publication of the CME article (i.e. points awarded for a quiz published in the December 2021 issue will be credited for the month of December 2021, even if the deadline is in February 2022).