

SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME

(Code SMJ 202112A)

	True	False
1. A common cause of acute diarrhoea in children is rotavirus.	<input type="checkbox"/>	<input type="checkbox"/>
2. Any persistent diarrhoea of more than one week's duration is termed as chronic diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
3. Antibiotics are routinely recommended for children with diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
4. Toddler's diarrhoea has a good prognosis.	<input type="checkbox"/>	<input type="checkbox"/>
5. Fever with bloody diarrhoea indicates a viral aetiology.	<input type="checkbox"/>	<input type="checkbox"/>
6. A detailed history and investigation are the key to diagnostic evaluation of diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
7. In cow milk protein allergy, elimination of milk from the diet can be both diagnostic and therapeutic.	<input type="checkbox"/>	<input type="checkbox"/>
8. A child with coeliac disease usually presents with fever and explosive diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
9. In post-enteritis syndrome, an elimination diet can be useful.	<input type="checkbox"/>	<input type="checkbox"/>
10. Surgical conditions such as appendicitis, intussusception and bowel obstruction may also present with diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
11. Toddler's diarrhoea is a diagnosis of exclusion.	<input type="checkbox"/>	<input type="checkbox"/>
12. Presentation with steatorrhoea, flatulence and growth retardation may indicate pancreatic insufficiency.	<input type="checkbox"/>	<input type="checkbox"/>
13. Irritable bowel syndrome is a diagnosis of exclusion.	<input type="checkbox"/>	<input type="checkbox"/>
14. Stool microscopy, culture and antigen-based tests are routinely recommended in diarrhoea.	<input type="checkbox"/>	<input type="checkbox"/>
15. Oral rehydration therapy is not recommended for breastfeeding infants.	<input type="checkbox"/>	<input type="checkbox"/>
16. Fluids with high sugar content such as carbonated beverages, sweetened tea and fruit juices are best avoided during a diarrhoeal episode.	<input type="checkbox"/>	<input type="checkbox"/>
17. Probiotics such as <i>Lactobacillus GG</i> , <i>Saccharomyces boulardii</i> and <i>Lactobacillus reuteri</i> SD2112 have been shown to reduce the duration of illness.	<input type="checkbox"/>	<input type="checkbox"/>
18. Loperamide can be safely given to children.	<input type="checkbox"/>	<input type="checkbox"/>
19. Rotavirus vaccination is effective in reducing the severity of diarrhoea and preventing hospitalisation.	<input type="checkbox"/>	<input type="checkbox"/>
20. During an acute diarrhoeal episode, special milk formulas are recommended.	<input type="checkbox"/>	<input type="checkbox"/>

Doctor's particulars:

Name in full: _____ MCR no.: _____
 Specialty: _____ Email: _____

SUBMISSION INSTRUCTIONS:

Visit the SMJ website: <http://www.smj.org.sg/current-issue> and select the appropriate quiz. You will be redirected to the SMA login page.

For SMA member: (1) Log in with your username and password (if you do not know your password, please click on 'Forgot your password?'). (2) Select your answers for each quiz and click 'Submit'.

For non-SMA member: (1) Create an SMJ CME account or log in with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month's quizzes. (3) Select your answers for each quiz and click 'Submit'.

RESULTS:

(1) Answers will be published online in the SMJ February 2022 issue. (2) The MCR numbers of successful candidates will be posted online at the SMJ website by 24 February 2022. (3) Passing mark is 60%. No mark will be deducted for incorrect answers. (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council. (5) One CME point is awarded for successful candidates. (6) SMC credits CME points according to the month of publication of the CME article (i.e. points awarded for a quiz published in the December 2021 issue will be credited for the month of December 2021, even if the deadline is in February 2022).

Deadline for submission (December 2021 SMJ 3B CME programme): 12 noon, 17 February 2022.