

SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME (Code SMJ 202202B)

Question 1. Common aetiologies associated with pleuroparenchymal fibroelastosis (PPFE) are:

- (a) Connective tissue diseases
- (b) Dapsone
- (c) Malignancy
- (d) Post-haematopoietic stem cell transplant

True False

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Question 2. Which of the following statements are relevant to the presentation of PPFE?

- (a) PPFE tends to affect females more than males.
- (b) PPFE usually presents insidiously with progressive dyspnoea, cough and weight loss.
- (c) PPFE may present with bilateral pneumothoraces and pneumomediastinum.
- (d) PPFE is one of the sequelae of pulmonary tuberculosis.

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Question 3. Imaging features of PPFE include:

- (a) Bilateral symmetrical hilar lymphadenopathy
- (b) Platythorax
- (c) Upper lobe-predominant pleural thickening with subpleural fibrosis
- (d) Widespread bronchial wall thickening, mucus plugging and tree-in-bud opacities

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Question 4. Regarding diagnosis of PPFE:

- (a) A definite diagnosis of PPFE requires a surgical lung biopsy.
- (b) Patients with PPFE who undergo surgical lung biopsies may be at increased risk of postoperative complications such as prolonged air leaks from a pneumothorax.
- (c) Revised diagnostic criteria without the need for histology have been widely accepted to diagnose PPFE.
- (d) Histological features of PPFE include visceral pleural fibrosis and subpleural intra-alveolar fibrosis with alveolar septal elastosis that spares the lung parenchyma away from the pleura.

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Question 5. The following treatments have been shown to be effective in PPFE:

- (a) Methotrexate
- (b) Lung transplant
- (c) Chronic antibiotic therapy
- (d) Bronchodilator therapy

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Doctor's particulars:

Name in full: _____ MCR no.: _____

Specialty: _____ Email: _____

SUBMISSION INSTRUCTIONS:

Visit the SMJ website: <http://www.smj.org.sg/current-issue> and select the appropriate quiz. You will be redirected to the SMA login page.

For SMA member: (1) Log in with your username and password (if you do not know your password, please click on 'Forgot your password?'). (2) Select your answers for each quiz and click 'Submit'.

For non-SMA member: (1) Create an SMJ CME account, or log in with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month's quizzes. (3) Select your answers for each quiz and click 'Submit'.

RESULTS:

- (1) Answers will be published online in the SMJ April 2022 issue.
- (2) The MCR numbers of successful candidates will be posted online at the SMJ website by 29 April 2022.
- (3) Passing mark is 60%. No mark will be deducted for incorrect answers.
- (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council.
- (5) One CME point is awarded for successful candidates.
- (6) SMC credits CME points according to the month of publication of the CME article (i.e. points awarded for a quiz published in the December 2021 issue will be credited for the month of December 2021, even if the deadline is in February 2022).

Deadline for submission (February 2022 SMJ 3B CME programme): 12 noon, 22 April 2022.